

Ripe's Swimsuit Friendly Menu

Based on the Paleo Diet: Items will NOT contain dairy, legumes or flour

WEEKDAY LUNCH

Salads add steak 6 / grilled chicken 3 /grilled salmon fillet 7 / shrimp 4

HOUSE mixed greens. red onion. dried cranberries & apricots. balsamic vinaigrette. 9

GREEK mixed greens. cucumbers. cherry tomatoes. red onions. kalamata olives. fresh herb dressing. 9

POACHED PEAR mixed greens. toasted hazelnuts. red wine poached pears. honey balsamic dressing. 9.5

Burgers & Sandwiches, etc. served w chips or simple salad.

sub potato salad 1.5 sub soup, small paleo house or small paleo greek 2.5

CAPRESE BURGER slow roasted tomatoes. balsamic drizzle. burger wrapped in green leaf. 12

GREEN CHILI BURGER grilled ham. roasted green chilies. carmelized onions. wrapped in green leaf. 12

GRILLED MAHI MAHI pineapple chimichurri. tomato and lettuce wrap. mayo. 12.5

SHRIMP PO' BOY sautéed shrimp. remoulade. tomato and lettuce wrap. 12.5

TUNA "SANDWICH" tuna salad. sliced tomatoes. spicy jalapeno spread. avocado. wrapped in lettuce. 9

CHICKEN SALAD "SANDWICH" our cranberry & toasted almond chicken salad. sliced tomatoes. avocado. mayo. wrapped in lettuce. 9

***SHRIMP TACOS** sautéed shrimp. chipotle slaw. avocado spread. lettuce "tortillas". avocado spread contains a small amount of sour cream. 11

Entrees + soup, small paleo house or small paleo greek salad 3

MAHI citrus marinated mahi. served with sautéed fresh veggies. 12.5

GRILLED STEAK 8oz flat iron. served with sautéed fresh veggies. 13

*Indicates Dine-In Only

DINNER

Salads add steak 6 / grilled chicken 3 /grilled salmon fillet 7 / shrimp 4

HOUSE mixed greens. red onion. dried cranberries & apricots. balsamic vinaigrette. 9

GREEK mixed greens. cucumbers. cherry tomatoes. red onions. kalamata olives. fresh herb dressing. 9

POACHED PEAR mixed greens. toasted hazelnuts. red wine poached pears. honey balsamic dressing. 9.5

Burgers & Sandwiches, etc. served w fries or simple salad.

sub soup, small paleo house or small paleo greek 2.5

CAPRESE BURGER slow roasted tomatoes. balsamic drizzle. burger wrapped in green leaf. 12

GREEN CHILI BURGER grilled ham. roasted green chilies. carmelized onions. wrapped in green leaf. 12

GRILLED MAHI MAHI pineapple chimichurri. tomato and lettuce wrap. mayo. 12.5

SHRIMP PO' BOY sautéed shrimp. remoulade. tomato and lettuce wrap. 12

***SHRIMP TACOS** sautéed shrimp. chipotle slaw. avocado spread. lettuce "tortillas". avocado spread contains a small amount of sour cream. 11

Entrees + soup, or small paleo house or paleo greek salad 3

SURF & TURF 8oz flat iron steak. grilled shrimp. fingerling potatoes. bacon. green beans. cherry tomatoes. olive tapenade. 18

MAHI citrus marinated mahi. served with sautéed fresh veggies. 12.5

GRILLED STEAK 8oz flat iron. served with sautéed fresh veggies. 13

PECAN SALMON pecan crusted salmon. served w/sautéed fresh veggies. 16

PORK CHOP pan-seared. red wine reduction. seasonal veggies. warm granny smith apple-bacon dressing. 15

*Indicates Dine-In Only

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WEEKEND BRUNCH

Omelets & Scrambles all come with crispy breakfast taters. sub fruit 1.
sub egg whites 2
FLORENTINE OMELET spinach. grilled portabella mushrooms. roasted tomatoes.
green onions. **9.5**
LITTLE PIGGY OMELET smoked ham. bacon. **9**
GREEN EGGS & HAM smoked ham. carmelized onions. roasted green chilies. **9.5**
PORTABELLA OMELET grilled portabellas. roasted red bell peppers. **9.5**
SPANISH OMELET grilled asparagus. prosciutto. basil. **10**
SOUTHWEST SCRAMBLE mandos @ local chorizo. green onion. avocado. **9**
TWO STEP two eggs "your way". two sausage links. two strips of bacon. **8**

Egg-cellent Eggs sub egg whites 2
VEGGIE HASH zucchini. marinated onions. roasted eggplant. breakfast potatoes.
two sunny side ups. **9**
CAJUN HASH andouille sausage. caramelized onions. sweet red bells. breakfast
potatoes. two sunny side ups. **9.5**

Benedicts all come with crispy breakfast taters. sub fruit 1
TRADITIONAL BENNY smoked ham. soft poached eggs. **9.5**
CAPRESE BENNY roasted tomatoes. soft poached eggs. **10**
SALMON BENNY seared flaked salmon. spinach. green onions. soft poached eggs. **10**

Salads
HOUSE mixed greens. red onion. dried cranberries & apricots. balsamic
vinaigrette. **9**
GREEK mixed greens. cucumbers. cherry tomatoes. red onions. kalamata olives.
fresh herb dressing. **9**

Sandwiches served with simple salad, fries or chips.
TUNA "SANDWICH" tuna salad. sliced tomatoes. mayo. avocado. wrapped in
lettuce. **9**
CHICKEN SALAD "SANDWICH" our cranberry & toasted almond chicken salad.
sliced tomatoes. avocado. mayo. wrapped in lettuce. **9**



Swimsuit
FRIENDLY
MENU

Tuesday - Friday / Lunch 11-3 / Dinner 5-9

Saturday / Brunch 9-2 / Dinner 5-9

Sunday / Brunch 9-2

Closed Monday



915.584.RIPE / 910 Redd Rd. Westwind & Redd / eatripe.com